



**European
School
Games**

2026

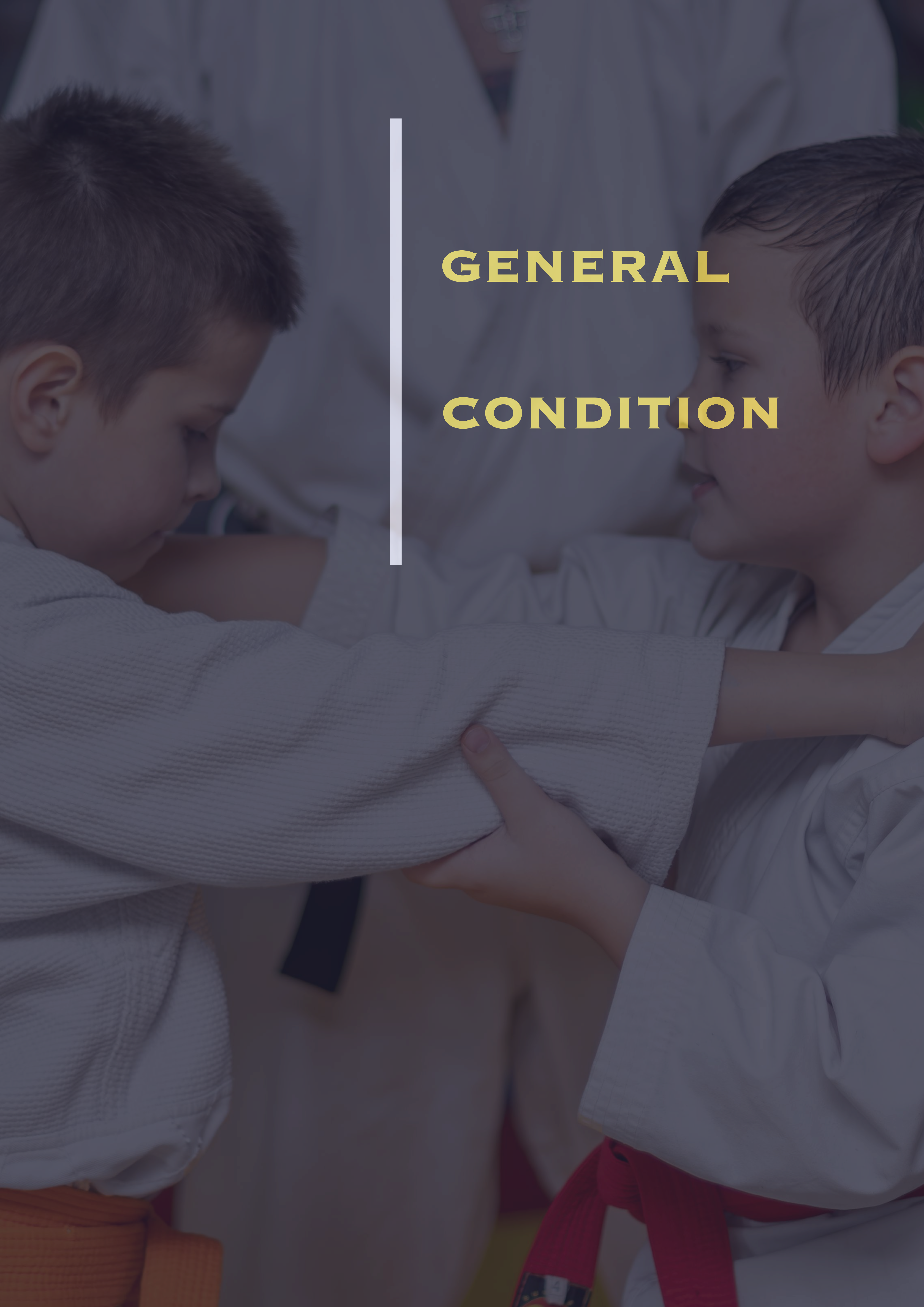


JUDO

RULES AND REGULATIONS

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GENERAL CONDITION

GENERAL OVERVIEW



This document ensures that all competition-related aspects are managed fairly and manner. The key objectives of these regulations are:

- Defining the general conditions for participation in ESG Judo events.
- Outlining the sports program details.
- Specifying the technical rules.
- Establishing delegation composition guidelines.
- Setting the procedures for draws.
- Defining the process for protests and appeals.

Any exception to these rules can be made by the Event Technical Judo Committee (ETJC)

1. GENERAL CONDITION

The competition will be conducted in accordance with IJF regulations and overseen by the Event Technical JUDO Committee (ETJC). Any variations from IJF regulations will be outlined in the event bulletin. The competition will follow the latest version of the IJF Rules of JUDO published by the International JUDO Federation (IJF).

The ETJC will determine decisions regarding issues not covered in this document.

COMPETITION CATEGORIES

U18: Boys and Girls Categories

U15: Boys and Girls Categories

AGE ELIGIBILITY:

- U18: Athletes born in 2008–2009–2010
- U15: Athletes born in 2011–2012–2013*

*Younger judokas may be accepted upon approval by the ETJC



SPORT

PROGRAM

2. SPORT PROGRAM

Events:

U18

- Boys: -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90kg
- Girls: -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg

Duration: 4 minutes Golden Score: No time limit

U15

- Boys: -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, -73kg,
- Girls: -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70, + 70kg

Duration: 3 minutes Golden Score: No time limit



A photograph of two young women in a martial arts dojo. The woman on the left is wearing a white gi with a black belt, and the woman on the right is wearing a blue gi with a brown belt. They are both smiling and looking towards the right. The background shows a large room with windows and a wooden floor.

TECHNICAL RULES

3. TECHNICAL RULES



The competition will follow the latest IJF Rules of Judo, with specific adaptations for ESG Judo events.

SPECIFIC RULES

Judogi Control

Judogi must only comply with the Sokuteiki rules (no labels obligatory, IJF label recommended).

Backnumber

Recommended (If non-official backnumbers are used, ETJC reserves the right to ask for removal if the material is not up to regular standards)

Note:

- In the case of a repeated offence, the coach will be suspended for the rest of the competition.
- All judokas must present a medical certificate confirming they are fit for judo competition, not older than 6 months.

3. TECHNICAL RULES



Weigh – In

- The official weigh-in for each weight category is held the day before the competition day (see program).
- Athletes are not allowed to weigh in naked.
- Boys must wear at least underwear and girls at least underwear and a T-shirt.
- An additional 200g will be allowed for their weight category limits.
- Athletes must present their accreditation card and their passport (National ID Cards showing nationality, picture, and date of birth are also accepted).

For U15 judokas, the following techniques are forbidden:

- Kansetsu-waza (armlocks)
- Shime-waza (strangulations)
- Sacrifice techniques involving direct head impact
- Violations will result in immediate Hansoku-make (disqualification from the match).

Referees

Each delegation may enter a referee.

- The contestants must refrain from shaking hands before the start of the contest.
- When athletes leave the mat, they must wear their judogi properly and are not allowed to remove any part of the judogi or the belt before leaving the field of play.

3. TECHNICAL RULES



Competition Mode

The competition will be conducted in accordance with the latest IJF SOR and IJF Refereeing Rules.

Competition systems according to the number of participants:

- 6 or more entries: Double repechage
- If there are one (1) to five (5) athletes, the low numbers competition systems and rules apply.

No	Medals awarded	WRL points awarded (if applicable)	Competition System
5*	Gold, silver and one bronze	First, second, one third and one or two fifth (only if the athlete won the contest in the round robin) place.	The athletes will be divided as follows: Pool A - 3 athletes will compete in a round robin system. The winner will go to the final, runner-up will compete against the loser from pool <u>B</u> for a bronze medal contest. - Pool B – 2 athletes will compete for a place in the final
4*	Gold, silver and one bronze	First, second and one third place.	Pool system with two (2) single contests, then a contest between the two (2) losers for the single bronze medal and a contest between the two (2) winners for the gold and silver medals.
3*	Gold, silver and one bronze (for individuals, only if contest was won)	First, second and third (only if the contest was won) place.	A round robin system will be held in the elimination round. The best will go to the final.
2*	Gold (individuals)	First place.	One final contest.
1*	No medals	No	No competition



DELEGATION

COMPOSITION

4. DELEGATION COMPOSITION



Each delegation must include:

- Head of Delegation (HOD) (Mandatory)
- Judokas (Mandatory)
- Team Officials (Mandatory)
- Field of Play Officials (Judges) (Optional)
- Additional Adults (Optional)

Head of Delegation (HOD)

- Each delegation must appoint a single head, who serves as the main liaison between the delegation and the Organizing Committee (OC).

Judokas

- All participants must be students.
- Only accredited players from the official team list may compete.
- There is no limitation to register number of Judokas per category
- There is no limitation to register number of Judokas per category

Team Officials

Coaches:

- Each delegation must have at least one coach.

Other Team Officials:

- Roles may include doctors, trainers, physiotherapists, statisticians, and team managers.
- Not mandatory but must be specified during registration.

Any unregistered persons will not be considered part of the official team.

4. DELEGATION COMPOSITION



Field of Play Officials (Referees) – optional

- Each delegation may provide at least one judge. If insufficient referees are available, the Organizing Committee will appoint officials.
- A judge must hold either an international (IJF) or national qualification.
- The judge must present a certification during registration.

Additional Adults

- Roles may include interpreters, security staff, media personnel etc.
- Additional adults are optional and must be specified during registration.
- Unregistered individuals will not receive accreditation.



DRAW

PROCEDURES

PROTESTS

AND

APPEALS

5. DRAW PROCEDURE



- The ETJC determines criteria and scheduling for the draw.
- The draw will be held as a technical draw during the technical meeting. NO seeding

Any unforeseen issues related to the draw will be resolved by the ETKC before the competition begins.

6. PROTESTS AND APPEALS

- Appeals involving match results or other non-disciplinary matters will be reviewed by the ETJC.

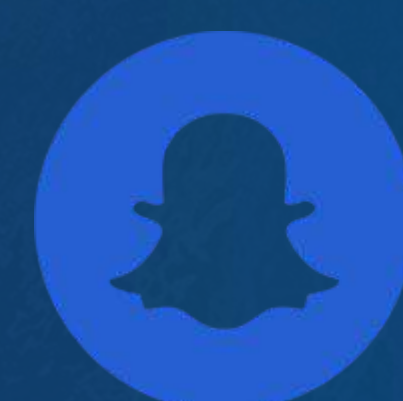
Appeals must be:

- Submitted within 30 minutes of the incident.
- Written in English and handed to the Event JUDO Technical Commission (ETJC).
- Accompanied by a €100 fee (paid in cash) to ETJC.

If the appeal is upheld, the fee will be refunded. If rejected, the fee will be retained by the organizing committee.



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**AUGUST
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