



**European
School
Games**

2026

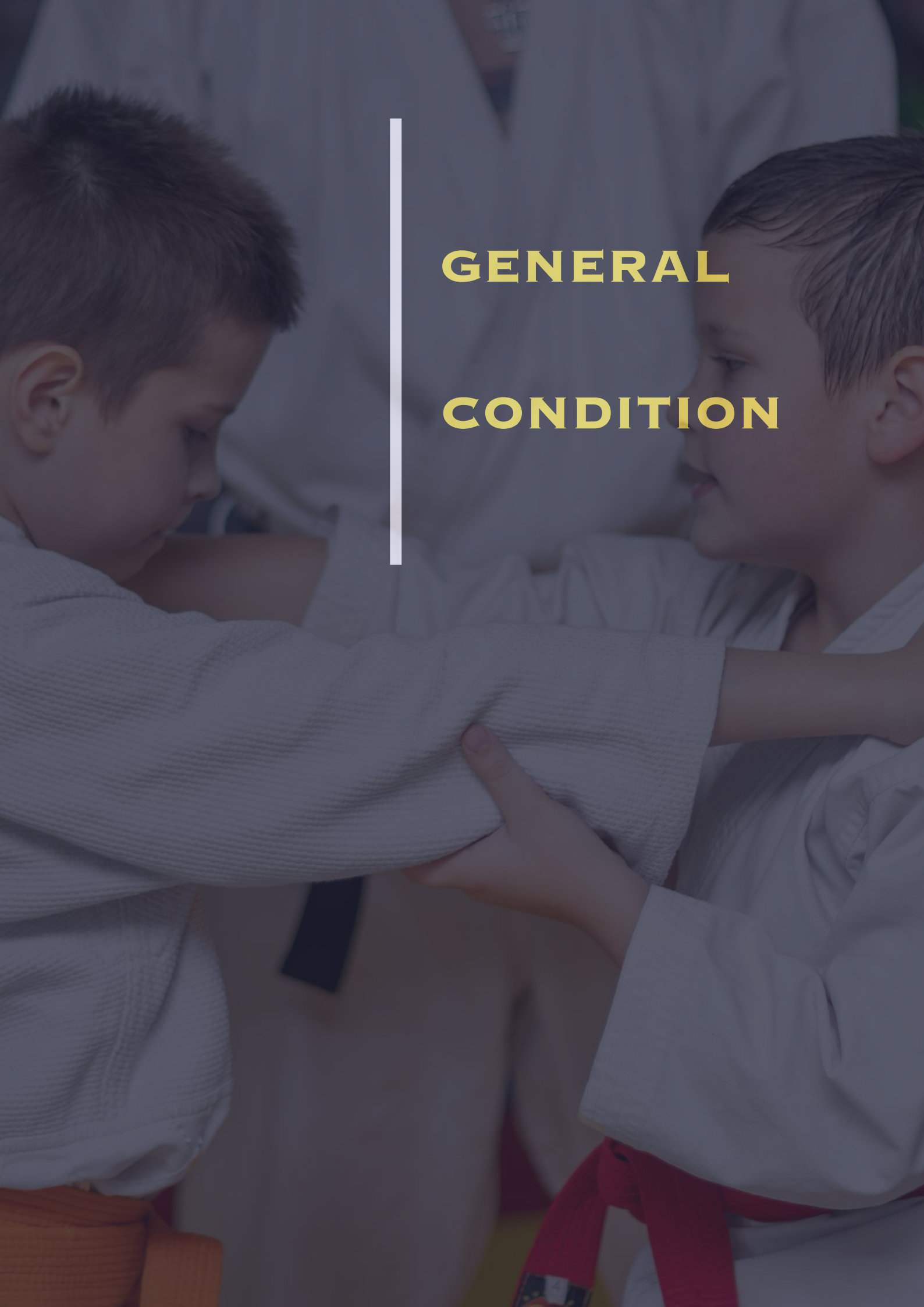


JUDO

RULES AND REGULATIONS

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A background image showing two young boys in white martial arts uniforms. The boy on the left is wearing an orange belt and is looking down at his arm. The boy on the right is wearing a red belt and is looking at the first boy's arm, with his hand placed on it. A vertical white line is positioned to the left of the text.

GENERAL CONDITION

GENERAL OVERVIEW



This document ensures that all competition-related aspects are managed fairly and manner. The key objectives of these regulations are:

- Defining the general conditions for participation in ESG Karate events.
- Outlining the sports program details.
- Specifying the technical rules.
- Establishing delegation composition guidelines.
- Setting the procedures for draws.
- Defining the process for protests and appeals.

Any exception to these rules can be made by the Event Technical Judo Committee (ETJC)

1. GENERAL CONDITION

The competition will be conducted in accordance with IJF regulations and overseen by the Event Technical JUDO Committee (ETJC). Any variations from IJF regulations will be outlined in the event bulletin. The competition will follow the latest version of the IJF Rules of JUDO published by the International JUDO Federation (IJF).

The ETJC will determine decisions regarding issues not covered in this document.

COMPETITION CATEGORIES

U18: Boys and Girls Categories

U15: Boys and Girls Categories

AGE ELIGIBILITY:

- U18: Athletes born in 2008–2009–2010
- U15: Athletes born in 2011–2012–2013*

*Younger judokas may be accepted upon approval by the ETJC



SPORT

PROGRAM

2. SPORT PROGRAM

Events:

U18

- Boys: -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90kg
- Girls: -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg

Duration: 4 minutes Golden Score: No time limit

U15

- Boys: -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, +81kg
- Girls: -32kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg

Duration: 4 minutes Golden Score: No time limit



A photograph of two young women in a martial arts dojo. The woman on the left is wearing a white gi with a black belt, and the woman on the right is wearing a blue gi with a brown belt. They are both smiling and looking towards the right. The background shows large windows and a wooden floor. The text 'TECHNICAL RULES' is overlaid in yellow, with a vertical white line to its left.

TECHNICAL RULES

3. TECHNICAL RULES

The competition will follow the latest IJF Rules of JUDO, with specific adaptations for ESG JUDO events.

SPECIFIC RULES

Judogi Control

Approved Judogi

All Judoka must compete in Approved Judogi

Judogi Control

It will be operated with a Sokuteiki prior to the fight.

Backnumber

Each competitor taking part in the ISF events is obliged to have sewn on the back of his Judogi the official backnumber (both EJU and IJF are allowed) bearing his surname and his National Olympic Committee abbreviation. The backnumber can be ordered from www.mybacknumber.com or www.officialbacknumber.com (Attention: production and delivery may take around 4 weeks).

Note:

- If an athlete does not respect the Judogi rules, the athlete will not be permitted to pass the Judogi Control, and the coach who is responsible for the athlete will be suspended for the rest of the competition day.
- The organiser is not obliged to provide a reserve Judogi at Judogi Control, but the athlete is allowed to present himself in another Approved Judogi, complying with the Sokuteiki rule (and without a backnumber)
- In this case, no coach can go with this athlete to the mat!
- In the case of a repeated offence, the coach will be suspended for the rest of the competition.
- All judokas must present a medical certificate confirming they are fit for judo competition, not older than 6 months.

3. TECHNICAL RULES



Weigh – In

- The official weigh-in for each weight category is held the day before the competition day (see program).
- Athletes are not allowed to weigh in naked.
- Boys must wear at least underwear and girls at least underwear and a T-shirt.
- An additional 200g will be allowed for their weight category limits.
- Athletes must present their accreditation card and their passport (National ID Cards showing nationality, picture, and date of birth are also accepted).

For U15 judokas, the following techniques are forbidden:

- Kansetsu-waza (armlocks)
- Shime-waza (strangulations)
- Sacrifice techniques involving direct head impact
- Violations will result in immediate Hansoku-make (disqualification from the match).

Referees

Each delegation may enter a referee.

- The contestants must not shake hands BEFORE the start of the contest.
- When the athletes are leaving the mat they must wear judogi in proper way and are not allowed to take out any part of the judogi or the belt before leaving the field of play.

3. TECHNICAL RULES



Competition Mode

The competition will be conducted in accordance with the latest IJF SOR and IJF Refereeing Rules.

Competition systems according to number of participants:

- 6 and more entries: Double repechage
- If there are one (1) to five (5) athletes the low numbers competition systems and rules apply.

No	Medals awarded	WRL points awarded (if applicable)	Competition System
5*	Gold, silver and one bronze	First, second, one third and one or two fifth (only if the athlete won one contest in the round robin) place.	The athletes will be divided as follows: Pool A – 3 athletes will compete in a round robin system. The winner will go to the final, the second will compete against the loser from pool B in the bronze medal contest. Pool B – 2 athletes will compete for a place in the final
4*	Gold, silver and one bronze	First, second and one third place.	Pool system with two (2) single contests, then a contest between the two (2) losers for the single bronze medal and a contest between the two (2) winners for the gold and silver medals.
3*	Gold, silver and one bronze (for individuals, if one contest was won)	First, second and third (only if one contest was won) place.	A round robin system will be held in the elimination round. The best and the second best will compete in a final for the gold and silver medal. The third athlete will be awarded the single bronze (for individuals, only if one contest was won).
2*	Gold (individuals)	First place.	One final contest.
1*	None	No	No competition



DELEGATION

COMPOSITION

4. DELEGATION COMPOSITION



Each delegation must include:

- Head of Delegation (HOD) (Mandatory)
- Judokas (Mandatory)
- Team Officials (Mandatory)
- Field of Play Officials (Judgeserees) (Optional)
- Additional Adults (Optional)

Head of Delegation (HOD)

- Each delegation must appoint a single head, who serves as the main liaison between the delegation and the Organizing Committee (OC).

Judokas

- All participants must be students.
- Only accredited players from the official team list may compete.
- There is no limitation to register number of Judokas per category
- There is no limitation to register number of Judokas per category

Team Officials

Coaches:

- Each delegation must have at least one coach.

Other Team Officials:

- Roles may include doctors, trainers, physiotherapists, statisticians, and team managers.
- Not mandatory but must be specified during registration.

Any unregistered persons will not be considered part of the official team.

4. DELEGATION COMPOSITION



Field of Play Officials (Referees)

- Each delegation may provide at least one judge. If insufficient referees are available, the Organizing Committee will appoint officials.
- Judge must hold either an international (IJF) or national qualification.
- Judge must present certification during registration.

Additional Adults

- Roles may include interpreters, security staff, media personnel etc.
- Additional adults are optional and must be specified during registration.
- Unregistered individuals will not receive accreditation.

A woman with blonde hair tied back, wearing a white martial arts gi with a black belt, is shown from the waist up. She is holding her right hand up, palm facing forward, in a stop or 'draw' gesture. The background is a solid dark grey.

DRAW

PROCEDURES

PROTESTS

AND APPEALS

5. DRAW PROCEDURE



- The ETJC determines criteria and scheduling for the draw.
- The draw will be held as a technical draw during the technical meeting. NO seeding

Any unforeseen issues related to the draw will be resolved by the ETKC before the competition begins.

6. PROTESTS AND APPEALS

- Appeals involving match results or other non-disciplinary matters will be reviewed by the ETJC.

Appeals must be:

- Submitted within 30 minutes of the incident.
- Written in English and handed to the Event JUDO Technical Commission (ETJC).
- Accompanied by a €100 fee (paid in cash) to ETJC.

If the appeal is upheld, the fee will be refunded. If rejected, the fee will be retained by the organizing committee.



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JUNE
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